

Homeopathic Remedies Checklist

Formal Name	Uses
Common Name: Aconite Formal Name: Acontum Napellus Alias: Monkshood, Friar's Cap, Wolfsbane	<ul style="list-style-type: none"> Acute infections. Fear, shock. Burning pain and numbness.
Common Name: Agaricus Formal Name: Agaricus Muscaris / Amanita Muscaria Alias: Fly Agaric, Bug Agaric	<ul style="list-style-type: none"> Nervous system disorders such as twitching and spasms caused by degenerative disorders such as senile dementia or multiple sclerosis. Marked dizziness, an impulse to fall backward, redness and puffiness of the face without heat present and an increase in appetite. Chorea. Parkinson's disease. Chilblains and alcoholism.
Common Name: Allium Formal Name: Allium Cepa Alias: Red Onion	<ul style="list-style-type: none"> Burning or Neuralgic pain. Complaints with a burning, streaming discharge i.e. eyes & nose. Symptoms or pains that alternate from side to side; usually left to right. Throat & chest infections. Neuralgic pains.
Common Name: Aloe Formal Name: Aloe Ferox 'Miller' Alias: Aloe, Cape Aloe	<ul style="list-style-type: none"> Diarrhea - severe diarrhea possibly with vomiting, due to cholera, dysentery, gastroenteritis or other digestive disorders. Hemorrhoids. Hepatitis. Headaches - Severe, painful headaches that seem to trigger a sensation of congestion in the face and head.
Common Name: Alumina Formal Name: Aluminum Oxidatum Alias: Aluminum Oxide, Pure Clay	<ul style="list-style-type: none"> Fatigue, Low vitality and exhaustion. Nervous disorders - numbness, "pins and needles" feeling and slow, weak movements. Eye muscles may be affected causing drooping eyelids and squinting. Dementia - Deterioration of mental processes leading to slow and absent minded behavior. Constipation. Appetite disorders - dry mouth and throat with cravings for dry foods or inedible substances.
Common Name: Ammonium Carb. Formal Name: Ammonium Carbonicum / Ammonium Muraticum Alias: Ammonium Carbonate, Sal Volatile	<ul style="list-style-type: none"> Fatigue, Low vitality and exhaustion. Respiratory illness - Sensation of oppression in the chest with a recurrent dry, tickling, rattling cough. Poor circulation - Breathlessness, wheezing, palpitations and fatigue particularly following exertion. Skin conditions - skin eruptions such as boils, pimples, and red blotches that are often slow to clear. Scarlet fever - a rash of tiny, red spots spreading rapidly over the body from the neck and the upper trunk, accompanied by a sore throat, headache and fever.
Common Name: Anacard. Or. Formal Name: Anacardium Orientale / Semecarpus Anacardium Alias: Marking Nut Tree	<ul style="list-style-type: none"> Sensation of constricted pain as if the gut or anus is plugged and the body feels as if there are bands around it. Symptoms may be associated with hemorrhoids and indigestion. Constipation, rheumatism and duodenal ulcers that feel better after eating but cause acute discomfort once food has been digested. Low self-esteem. Skin conditions such as eczema and blistered skin causing intense itching and burning.
Common Name: Antimonium Crud. Formal Name: Stibium Sulphuratum Nigrum / Antimonium Crudum Alias: Antimony, Black Sulfide of Antimony	<ul style="list-style-type: none"> Skin & nail conditions - Calluses, warts and corns that may form on hands, under fingernails, on the soles of the feet and on the tips of the toes. Skin infections with a rash on the trunk, arms, legs, inside the mouth or in the case of chicken pox, behind the ears with a mild fever. Toothache - Persistent, gnawing toothache, usually caused by decaying teeth. Pain can extend to the head. Digestive disorders - Indigestion with belching, nausea, and possibly vomiting of bile. Gout.
Common Name: Antimonium Tart. Formal Name: Tartarus stibiatus / Antimonium Tartaricum Alias: Antimony Potassium Tartrate, Tartar Emetic	<ul style="list-style-type: none"> Respiratory illness - severe respiratory infection or chronic bronchitis. Whooping cough. Chicken pox. Nausea that is persistent and causes trembling, weakness and fainting. Skin conditions p Pustular skin eruptions that leave a purplish mark when healed. Headaches - pain as if a tight band is constricting the head, heightened by coughing.
Common Name: Apis Formal Name: Apis Maellifica / A. Mellifera Alias: Honeybee	<ul style="list-style-type: none"> Burning, stinging pain worsened by heat, better by cold. Tight, blister like swellings sensitive to the touch & pressure. Fever with a lack of thirst & dry skin. Symptoms that start on the right side and move to the left side. Edema - swelling of body tissues due to fluid retention. Swelling may be associated with arthritis, meningitis, pleurisy or peritonitis. Inflammation of the eyes, lips, mouth or throat - Eyes are sore and sensitive to light and may water. Cystitis - Burning, stinging pain in the urethra and bladder on passing urine.
Common Name: Argent. Nit. Formal Name: Argentum Nitricum Alias: Hellstone, Devil's Stone, Lunar Caustic	<ul style="list-style-type: none"> Anxieties, fears, and phobias. Digestive complaints brought on by nervous excitement or from eating too much sweet food. Ailments accompanied by a craving for sweet foods.
Common Name: Arnica Formal Name: Arnica Montana Alias: Leopard's Bane, Mountain Tobacco, Sneezewort, Mountain Daisy	<ul style="list-style-type: none"> Shock, pain, bruising and other injuries & bleeding caused by injuries. Emotional shock, such as bereavement
Common Name: Arsen. Alb. Formal Name: Aresenicum Album Alias: Arsenic Oxide	<ul style="list-style-type: none"> Anxiety and fear caused by deep-seated insecurity. Digestive disorders and inflammation of the mucous membranes, especially in the digestive tract. Ailments characterized by burning pain that is better for heat.
Common Name: Aurum Met. Formal Name: Aurum Metallicum Alias: Gold	<ul style="list-style-type: none"> Depression and suicidal thoughts. Angina - Congestion of blood in various organs associated with vascular complaints, incl. heart disease. Ailments characterized by general oversensitivity to noise, smell, touch, taste, and music. Reproductive system problems - Inflammation of the testes and undescended testicles in boys. Women is used for painful menstruation, fibroids, a prolapsed uterus. Bone Pain - Deep, gnawing, debilitating bone pains, often on the right side of the jaw bone and in the bones of the nose. Headaches - Severe, pounding, unbearable pain with veins pulsing in the temples.

<p>Common Name: Baptisia Formal Name: Baptisia Tinctoria Alias: Wild Indigo, Indigo Weed, Horsefly Weed, Rattleweed</p>	<ul style="list-style-type: none"> Acute fever or influenza with severe chills. Great lethargy may accompany symptoms with body feeling tender and bruised. Intestinal infections with attacks of diarrhea and acute fever possibly with delirium. Throat infections with flushing and fever. Sore throat and the gums and throat may be ulcerated. Septic conditions with foul smelling ulcers in the mouth and throat. Breath, sweat and urine may have an offensive odor.
<p>Common Name: Baryta Carb. Formal Name: Barium Carbonicum / Baryta Carbonica Alias: Barium Carbonate</p>	<ul style="list-style-type: none"> Growth disorders in children - Delayed physical development such as late speech and walking possibly by Down Syndrome. Problems of the elderly - Senile dementia with childish, confused and embarrassing behavior. Paranoia or depression may develop. May progress to incontinence and may accompany hair loss. Symptoms may be associated with a stroke. Swollen tonsils - raw throat with inflamed tonsils and a burning pain on swallowing. Neck glands may swell. Impotence - Bouts of erectile dysfunction or low libido in men so pronounced that they fall asleep during sex. Respiratory illness - Recurrent colds, coughs and bronchitis. Anxiety & phobias - Intense often irrational fears and anxieties possibly triggered by negative memories. Tendency to bite nails.
<p>Common Name: Belladonna Formal Name: Atropa Belladonna Alias: Deadly Nightshade, Dwale, Devil's Cherries, Sorcerer's Cherry, Witches Berry</p>	<ul style="list-style-type: none"> Acute complaints of sudden & violent onset w/flushing and throbbing due to increased blood circulation, especially in the head. High fever with dilated pupils and staring eyes. Sore throat and dry cough. Ailments accompanied by extreme sensitivity to light, noise, touch, pressure, pain and jarring. Headache and migraine and menstrual pain.
<p>Common Name: Berberis Formal Name: Berberis vulgaris Alias: Barberry, Pipperidge Bush</p>	<ul style="list-style-type: none"> Kidney disorders - infection and tenderness and pain in kidney area. Cystitis. Gallbladder problems with sharp radiating and tearing pain. Lower back pain that radiates outward or down the thigh. Joint pain.
<p>Common Name: Bryonia Formal Name: Bryonia Alba Alias: White Bryony, Common Bryony, Wild Hops</p>	<ul style="list-style-type: none"> Acute conditions that develop slowly w/ pain on the slightest movement and great thirst. Aliments characterized by dryness. Example: mouth, lips, chest and eyes. Dry coughs, colds and influenza characterized by a red, sore swollen nose and a hoarse constricted throat. Headaches characterized by a splitting headache over the forehead or left eye, moving eyeball hurts. Joint pain where joints and muscles are hot swollen and stiff. Constipation with large hard stools that look black or burned. Breast problems where breasts are pale, hard, and hot with sharp pains particularly in women who are pregnant or breast feeding. May have excessive milk production.
<p>Common Name: Cal. Carb. Formal Name: Calcareo Carbonica / Calcium Carbonicum Alias: Calcium Carbonate, Oyster Shell, Mother of Pearl, Carbonate of Lime</p>	<ul style="list-style-type: none"> Slow development of bones and teeth. Bone & joint pain - backaches, bone growths, bunions or joint pain perhaps caused by arthritic conditions. Anxiety & phobias - Ailments characterized by fears and anxieties that escalate into obsessive behavior with profuse, sour-smelling perspiration, and sensitivity to cold. Dental problems - Painful teething in children with sore gums, fever and sweaty scalp. Child is irritable and makes chewing motion with jaws. Digestive disorders- Indigestion with flatulence, bloating and sour belching or constipation with sour-smelling hard, pale stools. Headaches - sharp head pain, often right-sided and possibly with dizziness, congestion or catarrh. Migraines may develop. Women's health - Burning vaginal itching with a thick yellow or white discharge due to thrush. Heavy menstrual flow or PMS with low energy levels.
<p>Common Name: Calc. Phos. Formal Name: Calcareo Phosphorica / Calcium Phosphoricum Alias: Calcium Phosphate, Phosphate of Lime</p>	<ul style="list-style-type: none"> Pain in the bones and teeth. Problems associated with growth in children and adolescents. Mental & physical weakness & fatigue - General feeling of being undernourished and unwell. Digestive disorders - Indigestion, pain after eating and heartburn. Feelings of discontentment. Bone & joint conditions - Pain and stiffness in the neck and back. Head pain - severe headaches with pain along the cranial sutures. May intensify into migraines. Teething - slow or difficult teething typically with colds, coughs and diarrhea. Growth disorders - Slow growth in children and adolescents or rapid growth during puberty.
<p>Common Name: Cantharis Formal Name: Lytta Vesicatoria / Cantharis Vesicatoria Alias: Spanish Fly, Blister Beetle</p>	<ul style="list-style-type: none"> Ailments characterized by burning, stinging pain and a great thirst but no desire to drink. Burns and stings. Severe cystitis. Gastritis, diarrhea & dysentery - violent, burning pain distended abdomen and possibly diarrhea accompanied by a scalding sensation. Excessive libido.
<p>Common Name: Carbo Veg. Formal Name: Carbo Vegetabilis Alias: Charcoal, Wood Charcoal</p>	<ul style="list-style-type: none"> Fatigue, Low vitality and exhaustion. Poor circulation, cold, clammy skin, and a hot feeling inside the body associated with shock. Indigestion and flatulence that occur regardless of diet. Breathing problems with reduced energy and lack of coordination due to poor circulation.
<p>Common Name: Carcinodin Formal Name: Carcinosinum Alias: Cancerous Breast Tissue</p>	<ul style="list-style-type: none"> Chronic fatigue syndrome. Insomnia and inability to sleep soundly. Respiratory illness- Bronchitis with a cough that develops from a tickle in the throat. Abdominal pain with dry, hard stools and burning pain on the right side of the colon. Skin growths & blemishes - Multiple moles and blemishes, acne on the back and chest or boils. May be itching and a tendency to bruise or bleed easily.
<p>Common Name: Causticum Formal Name: Causticum Hahnemanni Alias: Potassium Hydrate</p>	<ul style="list-style-type: none"> Tremors & paralysis- Muscle weakness with tremors and drooping of the upper eyelids. Urinary disorders - Bed-wetting that may be long term in children and urine incontinence in the elderly. Skin conditions - Large warts that may bleed easily on the hands, face and fingertips. Scars that don't heal well and slow healing burns that blister. Boils, blisters, eczema, herpes and acne may also be helped by the remedy. Sore throat- Dry raw and burning throat with a constant need to swallow or clear mucus from the throat. Cough -Dry, deep cough that racks the chest with a persistent tickle in the throat and difficulty coughing hard enough to bring up mucus.

<p>Common Name: Chelidonium Formal Name: Chelidonium Majus Alias: Greater Celandine, Wartweed, Swallow Wort, Celandine</p>	<ul style="list-style-type: none"> • Hepatitis, gallstones. • Headaches- feeling of heaviness on right side of head. Can include facial numbness (especially above the eye). • Shoulder pain with icy coldness in fingertips and muscles that feel sore to touch. Can be assoc. nausea and perspiration. • Pneumonia that chiefly affects the right lung and possibly liver problems.
<p>Common Name: China Formal Name: China Officinalis / Cinchona Succirubra Alias: Peruvian Bark, Cinchona Bark, Jesuits' Bark</p>	<ul style="list-style-type: none"> • Nervous exhaustion that results from debilitating conditions. • Weakness that results from severe loss of bodily fluids, like sweating, diarrhea or vomiting.
<p>Common Name: Cimic. Formal Name: Cimicifuga Racemosa / Actaea Racemosa Alias: Bugbane, Black Snakeroot, Black Cohosh, Rattle Root</p>	<ul style="list-style-type: none"> • Complaints associated with menstruation, pregnancy and birth, and menopause. • Headaches and problems in the nape of the neck. Sighing and sadness. • Ailments characterized by marked chilliness.
<p>Common Name: Cina Formal Name: Artemisia Cina / A. Maritima "linn" Alias: Levant Wormseed, European Wormseed, Tartarian Southernwood</p>	<ul style="list-style-type: none"> • Intestinal worms. • Temper tantrums in extreme irritability in children especially chubby ones. • Coughs and colds with whooping cough or severe gagging cough includes limb spasms before a coughing fit. • Twitching muscles and spasms especially in the hands and feet associated with irritability. • Sleep problems. Difficulty falling asleep or restless sleep with twitching or jerking limbs.
<p>Common Name: Coffea Formal Name: Coffea Cruda / Arabica Alias: Coffee</p>	<ul style="list-style-type: none"> • Insomnia with excessive mental activity such as racing mind. Any sleep is interrupted by slightest noise. • Headaches - One sided pain in the head described as a nail being driven in. Pain starts on waking. Can extend to the ears and teeth with possible facial neuralgia. • Toothaches with pain that shoots downward from the teeth to the fingertips.
<p>Common Name: Colocynthis Formal Name: Citrullus Colocynthis / Cucumis Colocynthis Alias: Bitter Apple, Bitter Cucumber, Colocynth</p>	<ul style="list-style-type: none"> • Extreme anger and indignation that causes colicky or neuralgic pain. • Neuralgic pains - sharp pains down the outer side (usually right side) of the thigh, leg and foot. Severe, tearing pains often accompanied by backache followed by numbness and weakness in limbs. • Headaches associated with anger or embarrassment. • Colic & diarrhea - gripping, twisting spasmodic pains just below the navel. May include nausea, vomiting and diarrhea with thin green or yellowish stools. Feeling of bloated. • Infantile colic - if baby screams, gets red in the face and draws the legs up to abdomen. Pain usually worse in evening. • Facial neuralgia - searing pain on the right side of the face possibly extending to the ear. Burning, lacerating pain comes in acute waves. May included a headache with right side face neuralgia. • Menstrual problems - cramping pain in the uterus or ovaries during menstruation. • Sciatica and sharp cramping pain in the kidneys, hips or pelvis may also be helped by this remedy.
<p>Common Name: Conium Formal Name: Conium Maculatum Alias: Hemlock, Spotted Hemlock</p>	<ul style="list-style-type: none"> • Cysts, tumors and cancer - hard lumps in the prostate, testicles, breasts, ovaries or uterus with sharp local pain possibly with a feeling of internal itchiness. • Swollen breasts - enlarged, tender, hard breasts prior to menstrual periods with heaviness in the legs and a reduced sex drive. • Enlarged prostate- with heaviness feeling in the prostate and frequent interruption of urine flow. • Nervous disorders - cold, trembly, weak legs with giddiness and sensitivity to light. Weakness may extend to entire body. • Sexual problems - extreme sexual excitement with premature ejaculation or impotence in men. • Vaginal discharge and irregular menstruation in women.
<p>Common Name: Crotalus Formal Name: Crotalus Horridus Horridus Alias: Rattlesnake, Pit Viper</p>	<ul style="list-style-type: none"> • Bleeding p copious bleeding from any orifice especially for slow bleeding for thin dark blood that does not clot well. • Stroke. • Heart disorders - partial or total collapse following angina or a heart attack. • Delirium - confused and disordered thoughts as a result of a serous infection, stroke, or heart attack. • Throat infections often due to laryngitis or tonsillitis.
<p>Common Name: Cuprum Met. Formal Name: Cuprum Metallicum Alias: Copper</p>	<ul style="list-style-type: none"> • Cramps and muscular spasms. • Tiredness or exhaustion from mental exertion. • Respiratory problems.
<p>Common Name: Drosera Formal Name: Drosera Rotundifolia Alias: Sundew, Red Rot, Youthwort, Moorgrass</p>	<ul style="list-style-type: none"> • Violent, hollow-sounding coughs, such as in whooping cough, that are worse after midnight. • Growing pains and bone pain. • Restlessness and obstinacy.
<p>Common Name: Dulcamara Formal Name: Solanum Dulcamara Alias: Nightshade, Woody Nightshade, Bitter Nightshade, Felonwort</p>	<ul style="list-style-type: none"> • Cold & coughs - sore throat with thick yellow discharge from nose and eyes. • Hay fever & asthma - Nasal congestion with profuse watery discharge from eyes and constricted breathing. • Head & facial pain - Pain in a specific part of the head or with a sensation of heaviness, nausea or confusion. • Bell's palsy. • Skin conditions - Thickened, crusty and itchy skin notably on the scalp which bleeds when scratched. Also hives. • Joint pain - stiffness and pain in joints aggravated by dampness. • Diarrhea - slimy, yellow or green stools that may included traces of blood. Nausea and pain before passing stools.
<p>Common Name: Euphrasia Formal Name: Euphrasia Officinalis /E. Stricta Alias: Eyebright</p>	<ul style="list-style-type: none"> • Eye complaints characterized by watery, burning, stinging eyes. • Eye injuries or inflammation. • Hay fever with an irritating discharge from the eyes but a bland nasal discharge.
<p>Common Name: Ferrum Met. Formal Name: Ferrum Metallicum Alias: Iron</p>	<ul style="list-style-type: none"> • Anemia. • Severe fatigue both physical and mental causing great sensitivity to noise. • Circulatory problems - Painful varicose veins particularly in pregnancy. • Digestive disorders - Nausea brought on by eating which causes a reluctance to eat. • Back & joint pain - Stiffness of the lower back and neck, sciatica, arthritis, especially in the shoulders and painful daytime cramps and coldness in the feet. • Headaches - Throbbing pain in the forehead often lasting for several days with possible dizziness and scalp pain.
<p>Common Name: Ferrum Phos. Formal Name: Ferrum Phosphoricum Alias: Iron Phosphate</p>	<ul style="list-style-type: none"> • For early stages of inflammation, fever and infection before any other definite symptoms have appeared. • Coughs and colds with a slow onset. Earache. • Respiratory illness with chest pain & digestive disorders. • Poor circulation - varicose veins, hemorrhages and nosebleeds with bright red blood and a weak rapid pulse. Raynaud's disease. • Urogenital problems - short menstrual cycle or dryness, dragging uterine pain and nocturnal stress incontinence in women or a marked loss of libido in men.

<p>Common Name: Fluoric Ac. Formal Name: Acidum Hydrofluoricum Alias: Hydrofluoric Acid</p>	<ul style="list-style-type: none"> Sexual problems - especially in older men, an increased sexual desire with erections at night, perhaps preventing sleep. Tooth decay - Essential for healthy teeth and gums (fluoride is a compound). Nail conditions - for weak, distorted and crumbling nails that tend to grow too quickly, becoming too thick in some places or corrugated in others. Bone conditions - Painful, inflamed, tender bones following injury or a bone infection such as osteomyelitis, with swelling around the infected bone. Varicose veins. Alopecia - patchy baldness in both sexes perhaps after a long illness. Discharges from the ears & nose - ear infection with profuse discharge after a period of stress, prolonged illness or depression.
<p>Common Name: Gelsemium Formal Name: Gelsemium Sempervirens Alias: Carolina Jasmine, Yellow Jasmine, False Jasmine</p>	<ul style="list-style-type: none"> Conditions of the nervous system. Headaches and eye problems. Colds and flu. Fears and phobias.
<p>Common Name: German Chamomile Formal Name: Chamomilla Recutita / Matricaria Chamomilla Alias: Corn Feverfew, Wild Chamomile</p>	<ul style="list-style-type: none"> Irritability - Hypersensitivity to pain and hostility and anger that triggers physical problems. Toothaches, teething and earaches. Fever. Colic & diarrhea. Menstrual & labor pain.
<p>Common Name: Graphites Formal Name: Graphite Alias: Graphite, Plumbago</p>	<ul style="list-style-type: none"> Skin complaints, especially eczema. Metabolic imbalances that lead to skin problems, obesity and abnormal nail formation. Ulcers caused by a weakness in the stomach lining.
<p>Common Name: Hamamelis Formal Name: Hamamelis Virginiana Alias: Witch Hazel, Spotted Alder, Snapping Hazelnut</p>	<ul style="list-style-type: none"> Weak, inflamed veins and bleeding. Bruising and soreness. Nosebleeds. Weakness from blood loss caused by a burst inflamed vein. Depression.
<p>Common Name: Helleborus Formal Name: Helleborus Niger Alias: Black Hellebore, Christmas Rose</p>	<ul style="list-style-type: none"> Nervous system disorders - mental lethargy and dullness. Questions answered slowly and with great effort. Body feels numb and brain loses control over the muscles so objects drop easily. Forgetfulness and poor concentration with blank memory mimicking Alzheimer's. Brain inflammation - swelling of brain tissue possibly caused by encephalitis or meningitis. Headaches - or migraine with mental dullness possibly after injury or surgery. Headache often begins in the back of the head or neck. Dizziness and vertigo causing vomiting may accompany. Digestive disorders - Painful bowel urges with watery diarrhea and mucus. Bowel movements are disoriented and sluggish so that constipation may occur. Lack of thirst and dry mouth. Depression - Blank stares, involuntary sighs, and dark moods especially between 4-8 pm.
<p>Common Name: Hepar Sulf. Formal Name: Hepar Sulphuris Calcareum Alias: Calcium Sulfide, Crude Calcium Sulfide, Sulfuret of Lime</p>	<ul style="list-style-type: none"> Colds and Infection, especially with the formation of pus. Sore hoarse, throat with ear pain on swallowing and swollen tonsils. Coughs & croup - Dry hacking, crowing cough often causing a sore throat. Skin conditions - Skin chaps or roughens easily and eruptions (such as acne) are inflamed and sore with foul-smelling yellow pus. Digestive disorders - nausea, vomiting or chronic diarrhea usually accompanied by a grumbling abdomen.
<p>Common Name: Hyoscyamus Formal Name: Hyoscyamus Niger Alias: Henbane: Common, Black, and Hairy Henbane, Stinking Nightshade, Stinking Roger, Hog's Bean & Cassilata</p>	<ul style="list-style-type: none"> Behavioral problems - violent outbursts and a desire to shock with behavior ranging from simple foolishness to shameless sexual exhibitionism. Delirium - twitching, starts and facial grimaces with behavior problems. Mania is possible triggered by fever, addiction, brain injury or trauma of childbirth. Paranoia - Severe paranoia and jealousy with intense suspicion of being watched, deceived or even poisoned. Cough - dry spasmodic, tickly cough. Suffocating fits of coughing trigger spasms severe enough to cause doubling over and coughing up blood.
<p>Common Name: Hypericum Formal Name: Hypericum Perforatum Alias: St. John's Wort</p>	<ul style="list-style-type: none"> Injuries to the nerves with nerve pain. Severe shooting pain that travels upward. The effects of head injuries. Asthma that is worse in foggy weather.
<p>Common Name: Ignatia Formal Name: Ignatia Amara / Strychnos Ignatii Alias: St. Ignatius's Bean</p>	<ul style="list-style-type: none"> Emotional problems. Acute grief, for example, caused by bereavement or broken relationships. Headaches. Coughs and soar throats. Ailments with changeable, contradictory symptoms. Digestive Disorders - Twitches, nervous tics or numbness in the face or limbs.
<p>Common Name: Iodum Formal Name: Iodum Alias: Iodine</p>	<ul style="list-style-type: none"> Overactive metabolism. Eating disorders - Rapid, noticeable weight loss and emaciation despite and insatiable appetite. Cough - dry, spasmodic, choking cough possibly with gagging, retching or vomiting. Respiratory illness - profuse watery, excoriating catarrh in the nose, possibly with hay fever or a dry obstructed nose with enlargement of the adenoids. Heat intolerance - Physical distress and feverishness in warm surroundings. Slight physical activity may cause sweating.
<p>Common Name: Ipecac. Formal Name: Cephaelis Ipecacuanha Alias: Ipecacuanha</p>	<ul style="list-style-type: none"> Constant nausea with or without vomiting. Difficulty in breathing and a feeling of suffocation. Coughs and wheezing with an irritating, dry, rattling, loose cough triggered by warm humid weather. Migraine pain in the whole head with severe nausea and vomiting. Pain extends to face, teeth and tongue. Gynecological problems including extremely heavy menstrual flow possibly with nausea and fainting.
<p>Common Name: Kali Bich. Formal Name: Kali Bichromicum / Kalium Bichromicum Alias: Potassium Dichromate, Potassium Bichromate, Bichromate of Potash</p>	<ul style="list-style-type: none"> Catarrh & sinusitis - Thick, stringy yellow or white mucus and other forms of discharge. Pain that shifts rapidly from one part of the body to another and appears and disappears regularly. Sore throat, coughs & croup where throat and tonsils are swollen. Indigestion and flatulence that occur regardless of diet. Headaches where the pain comes at the same time each day. Skin conditions - Facial acne that causes small, solid, red bumps producing a yellow discharge. Joint pain - pain in the joints that appear and disappears suddenly.

<p>Common Name: Kali. Carb. Formal Name: Kalium Carbonicum Alias: Potassium Carbonate, Potash, Salt of Tartar, Pearl Ash</p>	<ul style="list-style-type: none"> • Coughs & colds with dry hacking cough with expectoration in the a.m. of foul-tasting, yellowy-green mucus. • Asthma. • Joint pain - sharp pain the shoulders, arms, hips and legs that is worse on the left side. • Back pain that begins in the small of the back often sever enough to make it uncomfortable to stay in bed. • Kidney disorders or kidney stones or other diseases of the kidney with shooting pains in the small of the back. • Insomnia with difficulty getting to sleep or falling asleep but waking between 2 and 4a.m. Getting back to sleep seems difficult if not impossible.
<p>Common Name: Kali Phos. Formal Name: Kali Phosphoricum / Kalium Phosphicum Alias: Potassium phosphate, Phosphate of Potash, Potassium Dihydrogen Orthophosphate</p>	<ul style="list-style-type: none"> • Chronic Fatigue Syndrome - Physical and mental exhaustion with an associated aversion to company and marked chilliness. • Pus-filled discharges. • Abnormal discharges purulent yellow-orange discharge from the vagina, bladder or lungs or present in the stool. • Hunger pains - Empty, nervous feeling in the stomach related to stress and possibly with a headache. • Excess perspiration - Excessive sweating that occurs only during bouts of illness notably with severe fatigue. • Headaches - Head pain generally only on one side of the head with a nervous empty sensation in the stomach. • Insomnia - accompanied by an empty nervous sensation in the pit of the stomach and possible hunger pains. • Back pain - sore, bruising pain down the spine. Limbs feel heavy and cold.
<p>Common Name: Lac Can. Formal Name: Lac Caninum Alias: Bitch's Milk</p>	<ul style="list-style-type: none"> • Throat infections with excessive dryness in the throat. Burning pain makes swallowing difficult. • Phobias - irrational fears, usually of snakes, storms, dogs or disease. • Breast problems - swollen, sore breasts prior to menstruation. • Vaginal bleeding & discharge between periods. • Hypersensitivity - Mental hypersensitivity due to an overactive imagination. May develop into hysteria and seeing faces and hearing voices that do not exist.
<p>Common Name: Lachesis Formal Name: Trigonoccephalus Lachesis / Lachesis Muta Alias: Bushmaster, Surukuku</p>	<ul style="list-style-type: none"> • Circulatory problems and vascular complaints. • Menopausal and premenstrual symptoms. • Slow to heal wounds. • Left sided ailments that tend to be worse from suppressing emotions or bodily discharges. • Spasms & tremors - Muscle spasms, tremors and weakness in the limbs. • Sore throat- swollen, dark purple throat, predominantly on the left side with splinter like pain that may spread to the ears. • Heart disorders - Cramping pains in the chest with a rapid irregular, weak pulse and possible palpitations.
<p>Common Name: Ledum Formal Name: Ledum Palustre Alias: Wild Rosemary, Marsh Tea</p>	<ul style="list-style-type: none"> • To prevent infections in wounds. • Stings, cuts and grazes. Eye injuries. • Pneumatic pain that moves upward, with marked chilliness of the affected part.
<p>Common Name: Lilium Formal Name: Liliun lancifolium / L. tigrinum Alias: Tiger Lily</p>	<ul style="list-style-type: none"> • Women's health - disorders of the female reproductive organs. Fibroids may also be treated with the remedy. • Depression - A sense of despair, easily offended. Fear of developing and incurable disease. • Urinary disorders - Cystitis with burning stinging pain during and after urination. Often a constant urge to urinate. • Heart disorders - Angina with numbness in the right arm and pain the heart as if it is being gripped. Rapid or irregular pulse is common.
<p>Common Name: Lycopodium Formal Name: Lycopodium Clavatum Alias: Wolfs Claw & Club Moss, Lamb's Tail & Fox Tail, Running Pine & Witch Meal, Stag's Horn Moss & Vegetable Sulfur</p>	<ul style="list-style-type: none"> • Digestive disorders, prostate enlargement. • Kidney and bladder complaints. • Right-sided complaints with a desire for sweet foods. • Anxiety and emotional problems caused by insecurity. • Chest infections such as dry sore tickling cough, burning chest pain etc.
<p>Common Name: Mag. Phos Formal Name: Magnesium Phosphricum Alias: Magnesium Phosphate, Phosphate of Magnesia</p>	<ul style="list-style-type: none"> • Abdominal cramps. • Neuralgia. • Menstrual cramps. • Headaches - Spasmodic shooting pains on the right side or back of the neck spreading and settling around the right eye. • Toothaches with dull throbbing pain or sharp twinges of pain common in teething infants. • Cramps with sudden onset. Feeling of stabbing in arms, fingers, wrists and hands especially in musicians and writers.
<p>Common Name: Medorrhinum Formal Name: Medorrhinum Alias: Gonorrhoea</p>	<ul style="list-style-type: none"> • Urinary tract infections. • Women's health - profuse, foul smelling menstrual flow and an acrid thick vaginal discharge with a fishy odor. • Testicular pain -prostatitis with an enlarged, painful, heavy prostate gland. • Genital warts & herpes - Cauliflower like, pink warts on the genitals. • Rhinitis, sinusitis and & asthma.
<p>Common Name: Merc. Sol. Formal Name: Mercurius Solubilis Hahnemanni Alias: Quicksilver, Mercury, Black Oxide of Mercury, Ammonio-Nitrate of Mercury</p>	<ul style="list-style-type: none"> • Ailments accompanied by profuse, strong-smelling, burning bodily discharges, and a general sensitivity to heat and cold. • Throat and mouth complaints such as ulcers on the tongue, walls of mouth and gums. • Catarrh & colds. • Eye & ear infections. Fever. Thrush.
<p>Common Name: Nat. Carb. Formal Name: Natrum Carbonicum Alias: Sodium Carbonate, Soda Ash, Washing Soda</p>	<ul style="list-style-type: none"> • Digestive disorders - Indigestion with belching, sourness and nausea. Marked by intolerance of milk so even the smallest amount can cause diarrhea. • Colds & catarrh aggravated by sitting in a draft. • Headaches that alternate with pain in the stomach accompanied by sensitivity to noise and music. • Skin conditions - a wide variety of skin complaints such as warts, moles, blisters and corns. • Ankle weakness. • Exhaustion - Nervous fatigue due to overexposure to the sun or overwork.
<p>Common Name: Nat. Mur. Formal Name: Natrum Muriaticum / Natrum Chloratum Alias: Salt, Table Salt, Rock Salt, Sodium Chloride</p>	<ul style="list-style-type: none"> • Colds with profuse runny catarrh that resembles uncooked egg whites. • Headaches with a hammering bursting headache or migraine above the eyes. Could include vision disturbances such as zigzag lines. • Skin conditions - greasy skin and hair with dandruff around the hairline. • Mouth & throat conditions - cold sores, mouth ulcers, dental abscesses and gingivitis. • Women's health - vaginal discharge that resembles uncooked egg white usually due to thrush. • Digestive disorders - constipation with hared, dry stools, colicky pains with nausea and possibly anal fissures, rectal bleeding and backaches. • Emotional problems caused by suppressed feelings, especially grief. • Complaints that are generally worse for heat.

<p>Common Name: Nitric Ac. Formal Name: Acidum Nitricum Alias: Nitric Acid, Aqua Fortis</p>	<ul style="list-style-type: none"> • Skin conditions - cracked, broken skin, and fissures that bleed slightly but easily. Severe acne, boils, facial blackheads and pimples and skin ulcers. • Warts - big, jagged, moist warts on the hands with sharp pain and possible bleeding. Anal warts. • Hemorrhoids - extremely painful hemorrhoids, possibly with bleeding and splinterlike pain, a burning sensation and rectal ulcers. • Anal fissures- Cracked sore rectum with splinter like pains and bleeding due to tearing on passing a stool. • Mouth ulcers - sharp, splinter like pain with ulcers on the tongue or in the mouth or throat. May be halitosis with bleeding gums. • Catarrh - profuse yellow burning catarrh, raw nostrils with splinter like pain and green crusts on the nostrils on waking. Nosebleeds may occur.
<p>Common Name: Nux. Vomica Formal Name: Strychnos Nux Vomica Alias: Poison Nut, Quaker Buttons, Vomit Weed</p>	<ul style="list-style-type: none"> • Insomnia and digestive complaints caused by suppressed anger. • Colds and flu.
<p>Common Name: Opium Formal Name: Papaver Somniferum Alias: Opium Poppy, Big Smoke</p>	<ul style="list-style-type: none"> • Insomnia & narcolepsy. Constipation. • Shock & injury. Post-stroke paralysis. • Delirium tremens.
<p>Common Name: Petroleum Formal Name: Petroleum Rectificatum / Oleum Petrae Alias: Petroleum, Crude Oil, Rock Oil</p>	<ul style="list-style-type: none"> • Eczema & psoriasis. • Chilblains - intensely itching, burning skin especially on the hands, feet and toes. • Diarrhea & nausea that is present only during the daytime. • Travel sickness with nausea and vomiting. Can include a severe headache. • Migraines.
<p>Common Name: Phos. Formal Name: Phosphorus Alias: Phosphorus, White Phosphorus, Yellow Phosphorus</p>	<ul style="list-style-type: none"> • Anxiety and fear caused by deep-seated insecurity. • Bleeding and circulatory problems. • Digestive disorders. Respiratory complaints. • Ailments characterized by burning pain.
<p>Common Name: Phosphoric Ac. Formal Name: Acidum Phosphoricum Alias: Phosphoric Acid, Glacial Phosphoric Acid, Orthophosphoric Acid</p>	<ul style="list-style-type: none"> • Grief or shock. Exhaustion. Diarrhea. • Headaches - pain that is like a crushing weight on the temples or top of head possibly with dizziness and eye strain. • Growing pains - rapid growth and development of a gangly frame. Overactive libido. • Exam nerves - headaches with possible eye strain due to over studying.
<p>Common Name: Platina Formal Name: Platinum Metallicum Alias: Platinum</p>	<ul style="list-style-type: none"> • Menstrual problems with heavy, brief or absent menstruation. • Oversensitivity of the female genitalia. • Numbness & cramps - Cold, numb skin, cramps in the calves and a constricted feeling in the limbs especially the thighs. • Head & facial pain with a sense of constriction in the head that builds up and disappears slowly.
<p>Common Name: Plumbum Met. Formal Name: Plumbum Metallicum Alias: Lead</p>	<ul style="list-style-type: none"> • Neurological conditions - spasms, trembling and muscle weakness. • Constipation. • Dupuytren's contracture - Thickened and shortened tissues or tendons in the fingers or palms of the hands.
<p>Common Name: Psorinum Formal Name: Psorinum Alias: Scabies</p>	<ul style="list-style-type: none"> • Skin conditions - Pus filled pimples, crusting, scaly eruptions or itchy blistered patches of the skin. • Diarrhea with spasmodic abdominal cramps and a strong appetite but no weight gain. • Respiratory illness that is acute and recurrent. Includes offensive smelling catarrh and breathlessness. • Eye & ear infections - painful styes with yellow pus or an eye infections such as conjunctivitis. • Depression - Profound fear of personal failure, poverty, and death with a pessimistic belief that life holds no promise.
<p>Common Name: Pulsatilla Formal Name: Pulsatilla Nigricans / Anemone Pratensis Alias: Pasqueflower, Wind Flower, Meadow Anemone, Small Pasque Flower</p>	<ul style="list-style-type: none"> • Colds and coughs - alternately runny or blocked nose with smelly, thick, yellowy-green catarrh with a reduced sense of taste and smell. • Digestive problems caused by rich, fatty foods. • Women's health - short, variable, late or absent menstrual flow with severe pain. • Emotional problems, such as depression. Sinusitis. • Eye infections with yellow-green foul smelling discharge from the eye. Sensitivity to light. May help with conjunctivitis and itchy sties.
<p>Common Name: Rhus Tox. Formal Name: Rhus Toxicodendron / R. Radicans Alias: Poison ivy, Poison Oak</p>	<ul style="list-style-type: none"> • Skin complaints where the skin is itchy, red, swollen and burning. • Joint and muscle ailments where stiffness and pain are better with continued movement but worsen when first starting to move.
<p>Common Name: Ruta Grav. Formal Name: Ruta Graveolens Alias: Rue, Bitter Herb, Herb of Grace</p>	<ul style="list-style-type: none"> • Bruised, aching bones and muscles. • Eyestrain from fine, detailed work.
<p>Common Name: Sepia Formal Name: Sepia Officinalis Alias: Cuttlefish</p>	<ul style="list-style-type: none"> • Gynecological complaints. Especially conditions related to a hormonal imbalance, such as PMS and menopause. • Ailments accompanied by exhaustion. • Digestive disorders - Indigestion and flatulence with an abdomen that feels tender and empty even after eating. • Headaches - that are particularly prevalent on the left side possibly with nausea, dizziness and hair loss. • Catarrh - salty tasting catarrh caused by an allergy or cold accompanied by a cough. • Skin conditions - Discolored itchy patches and a yellowy brown chloasma across the nose and cheeks especially during pregnancy. • Poor circulation - Varicose veins or hot and cold flashes especially during menopause.
<p>Common Name: Silica Formal Name: Silicea Terra Alias: Silica, quartz, Rock Crystal, Pure Flint</p>	<ul style="list-style-type: none"> • General undernourishment that leads to recurrent infections. • Skin and bone complaints. • Nervous system problems. • Expelling foreign objects such as splinters. • Ear, nose & throat conditions - recurrent colds, swollen glands, ear infections and tonsillitis leading to quinsy. • Digestive disorders with a weak digestive system with intolerance of particular foods, especially fat and milk. • Headaches with severe pain starting at the back of the head extending over to the forehead with dizziness and visual disturbances. • Coughs - a persistent dry and irritating cough that takes the form of severe, exhausting coughing bouts.

<p>Common Name: Staphysagria Formal Name: Delphinium Staphisagria Alias: Stavesacre, Palmated Larkspur, Housewort</p>	<ul style="list-style-type: none"> • Joint pain - Bruised, sore, weak or immobile limbs. Right shoulder may be painful and the may be neuralgia. Joints may have bony nodules. • Skin conditions - easily infected, unhealthy looking skin that is slow to heal if cut. Stinging pain and scars easily. • Headaches - compressing pain as though a weight is boring through the forehead or a numb sensation in the head, dizziness that intensifies on sitting or lying down. • Insomnia - Exhaustion and frequent yawning. Despite fatigue, there is difficulty in falling into deep sleep. • Toothaches - Decay associated with black, loose teeth causing pain in the affected area that is worse when touched.
<p>Common Name: Stramonium Formal Name: Datura Stramonium Alias: Thorn Apple, Devil's Apple, Stinkweed, False Castor Oil</p>	<ul style="list-style-type: none"> • Fever - high fever with a burning thirst. May include night terrors, fear of the dark, hallucinations. Limbs may twitch involuntarily and heart may race. • Violence & Mania - Excitability with disorientation, confusion and a tendency to violence and fear of the dark. • Chorea - involuntary, jerky, twitches of the face, limbs or trunk often with stuttering. Symptoms may be caused by extreme fright, head injury, bad reaction to vaccination or meningitis. • Asthma - breathlessness, tightness in the chest or a dry, wheezy cough. • Bronchitis - Wheezing that is associated with shortness of breath or a cough that generates yellow or green phlegm.
<p>Common Name: Sulfur Formal Name: Sulfur Alias: Flowers of Sulfur, Brimstone, Sublimated Sulfur</p>	<ul style="list-style-type: none"> • Skin complaints, especially eczema where the skin is red, inflamed, itchy and hot. • Digestive disorders. Gynecological complaints. Mental stress. • Respiratory illness - Dry sore throat with a choking feeling, swollen tonsils and hoarseness.
<p>Common Name: Syphilinum Formal Name: Syphilinum Alias: Syphilis</p>	<ul style="list-style-type: none"> • Ulcers - recurrent boils, abscesses and suppurations linked to chronic ulceration often appearing on the groin. They discharge pus but are relatively painless. • Asthma - with wheezing and breathlessness that may be accompanied by a dry cough and tightness in the chest. • Constipation. Obsessive-compulsive behavior. • Menstrual problems & miscarriage - painful, scanty periods with and offensive odor. • Eye inflammation - inflamed iris or conjunctiva perhaps due to an ulcer on the cornea. • Headaches that feel as if it is deep in the brain accompanied by pain over the right eye. Pain worsens when sticking out the tongue.
<p>Common Name: Tarentula Formal Name: Lycosa Tarentula / Tarentula Hispanica Alias: Wolf Spider, Spanish Spider, Hunting Spider</p>	<ul style="list-style-type: none"> • Extreme restlessness in limbs, both physical and mental. • Heart disorders. Ovarian disease. Sensitive genitalia in women. Complaints that are characterized by a tendency to roll from side to side to relieve symptoms, and which become better for music. • Mood swings with a tendency to exhibit extreme sensitivity to music. • Angina & heart disorders. Cystitis.
<p>Common Name: Thuja Formal Name: Thuja Occidentalis Alias: Arbor Vitae, Tree of Life, White Cedar</p>	<ul style="list-style-type: none"> • Warts and other skin complaints. • Nail problems. Genitourinary tract conditions. • Ailments characterized by yellowish green or green phlegm.
<p>Common Name: Tuberculinum Formal Name: Tuberculinum Koch / T. Bovum Alias: Tuberculosis</p>	<ul style="list-style-type: none"> • Coughs & acute bronchitis. • Colds that are recurrent with persistent chest cold with solid, yellow catarrh, a slight fever and aching muscles. • Arthritic pains. Hay fever. • Neurotic behavior - irritable, malicious behavior with a strong sense of discontent.
<p>Common Name: Urtica Formal Name: Urtica Urens Alias: Dwarf Stinging Nettle</p>	<ul style="list-style-type: none"> • Burning and stinging skin complaints. • Pneumatic pain. Burns with itching and swelling. • Insect stings.
<p>Common Name: Veratrum Alb. Formal Name: veratrum Album Alias: White Hellebore, False Hellebore</p>	<ul style="list-style-type: none"> • Diarrhea - severe diarrhea possibly with vomiting, due to cholera, dysentery, gastroenteritis or other digestive disorders. • Collapse - weakness with a clammy, sweaty forehead, blue-tinged skin, dehydration and possible fainting. • Emotional problems - disorders such as hyperactivity in some children or emotional disturbances due to trauma of childbirth. • Vomiting & nausea - violent vomiting with nausea, a cold feeling in the abdomen, clammy sweat, salty saliva and possibly diarrhea and collapse.
<p>Common Name: Zinc. Met. Formal Name: Zincum Metallicum Alias: Zinc Sulfide</p>	<ul style="list-style-type: none"> • Nervous exhaustion - a state of collapse due to overwork, stress, or overstimulation marked by mental and physical weakness. • Twitching limbs - involuntary jerking, twitching or even convulsions and a pale face. • Urogenital problems - involuntary urine leakage while coughing, laughing or straining in any way due to stress incontinence. • Eczema & viral skin infections - red, itchy, weepy or crusty patches of eczema particularly on the insides of the limb joints. • Childhood viral infections such as chicken pox, measles and German measles may also be helped by zinc. • Headaches - Pounding, bursting and possibly one sided pain the forehead or the temples due to overwork or nervous exhaustion.